

Winter 2020 Girls 2nd/3rd Small Ball Hoops

Game Rules/Guidelines

Game Rules:

- Fundamental basketball rules will apply to the Small Ball Hoops Program. Coaches/Officials will gradually enforce calls (traveling, double dribbling, fouls; free throws etc.) Program emphasizes on positive fundamental development.
- Game will begin with a jump ball
- Playing Time; coaches will have the opportunity to sub at the 4 minute mark of each quarter. Mandatory subs will take place after each quarter.

Scoreboard:

- Various volunteers will be asked to assist with scoreboard duties.
- Score will be kept (Team scores will be removed once a team is ahead by 10 pts).

Pregame:

- Teams practice for (20 - 25) minutes. Game will follow.
- Games will consist of four (4) eight (8) minute quarters.
- Basketball Size: Intermediate (28.5 in.)
- Rim Height: 9 ft.

Program Duration	12:00pm – 1:15pm
Team Practice	20-25 minutes
Quarter 1	8 minutes
Quarter 2	8 minutes
Quarter 3	8 minutes
Quarter 4	8 minutes

Offense:

- (5) “X” marks will be placed on the court to assist players with court space
- Passing; players will be encouraged to pass 3 to 4 times before shooting the ball.
- Shooting fouls; players will receive one foul shot from the small ball free throw line.
- Lane Violations; A “friendly” loss of possession could take place for any player in the “Key” area longer than 7 seconds.

Defense:

- 2x3 Zone; (5) floor spotters will be placed on each end of the court to help players identify the defensive zone concept.
- Man to Man; colored wristbands are used to assist the players. Players will guard the opposing player with the same colored wristband.

Overtime:

- Each coach will elect (1) player to shoot.
- Both players will have the opportunity to shoot (2) free throws.
- The player with the most made shots will determine team win.

Postgame:

- Opposing coaches/players will shake hands. Coaches will provide positive feedback and encouragement to all teams.

Contact Information:

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